

9/25/2014, I celebrated my 9th month post transplant.

It has been a very long journey since January 2012. After my transplant last Dec 25, 2013 , my doctors told me that I have only ran 20kms of a full marathon. There is 22 kms more.

What happened to Tara Enrile since transplant?

1. My daughter & I live together in a new place now best suited for my health (My body has become very sensitive so I need to stay in a clean place always).
2. After discharge, I needed to avoid crowded places & stayed home most of the time. During these times, Kara & I learned how to bake cakes & pastries. (We enjoy doing this together)
3. My doctor has allowed me to go out , take trains/buses (on non-peak hours), do the activities needed for my daily life...but with much caution.



About my body condition:

I stopped taking anti-rejection medicines end of June. After that, my body had to rely on its own immunity. I am getting stronger everyday, but I still feel tired on some days. I have

to stop so many times during the day to sit & rest. They say this is normal because of transplant.

Talking about normal, I have accepted that my life has changed. I am living my "new normal":

1. I wear mask everyday, wherever I go.
2. I see my daughter Kara from Hoikuen & although I want to hug her immediately, I get scared of germs she might have. Yes, I am always scared of germs (because I have not done vaccines yet). ( I try to be careful about meeting school-aged children)
3. I spend a lot of time researching on food to eat to make my body healthy & strong.
4. I avoid things that would be bad for me: unhealthy food, stress & negative energy.



I cannot say it is an easy journey. I have a lot of challenges along the way. Being in recovery from transplant & caring for an active 4-year old at the same time is far from easy.

But then I look at my Kara and the world's all right with me.

I also have hope & faith...that someday, I will regain my strength again.

I try to stay happy everyday.

I pray everyday. When I have a chance to talk to people, I try to tell them about Jesus' s goodness & the grace He always gives.

God gave me the joy of witnessing through my experiences.

I live my life with so much gratitude everyday.

Everyday is a celebration of life for me.

Because my life is a miracle.

A miracle that Jesus made possible through all your support.

Thank you with all my heart for your kindness & generosity in my fundraising.

I ask you to please continue to pray that Kara & I will continue to have our precious moments together.

Scriptural phrase.

" But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

Isaiah 40:31

